



Mental Health for All Team Talks About Consent Capacity



Micah: There is a lot to keep in mind when working with people to make a decision about being in research! Katie and Ariel helped us understand the important things to pay attention to with consent and consent capacity.



Brendan: Ariel and Katie also said sometimes the decision about whether someone has consent capacity needs to be made by the project leader. Katie and Ariel also taught us that if a person doesn't have consent capacity we might not be able to include them in our study or might need to work with someone else to make the decision with them.



Katie: We talked about how we could look for signs that someone understood the decision they were making and that it was their own decision. Some signs were if the person asked questions, said no, or chose to not answer some questions when we interviewed them. We also knew to offer a break or stop if the person looked uncomfortable.

Micah: We agreed that any time we were worried that a person was not making their own decision, we would talk to Ariel or Katie.



Ariel: We also know that a lot of people like to talk with people who support them when they make important decisions. We decided to ask each person if they wanted support in making their decision. If they did, we worked with them so they could talk to someone they trusted to get help with the decision.

Micah: We also knew we needed to remind the person helping that it was the person with a disability's decision. We decided we would ask to talk to the person alone if we were worried they were feeling pressured.