

Mental Health for All Team Talks About Confidentiality



Brendan: We knew from our work at our self-advocacy group how important it is to keep people’s information private and confidential. We spent a lot of time talking about how to do that.



Ariel: We sure did! We also had some situations while we were collecting information that made things hard for us.



Micah: First, we worked on our plan to keep information from study participants private and confidential. Once we had our plan, we each signed a piece of paper saying we would follow the plan. I kept this with me to remember all my responsibilities.



Brendan: We also practiced what to do if we saw someone that had been our study. We even practiced ignoring them! That felt a little weird, but we got used to it.

Micah: We also practiced using participant ID numbers on all our forms and we made sure any device we used, like our computers, had a password.