Discussion Questions

1. **How** did the Mental Health for All team **help people understand** what their **study is about** and what they would be asked to do?

2. What may **be hard** about **saying no** to:

- A researcher you don't know?
- Your healthcare provider?
- A teacher or service provider?
- A friend?

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Discussion Questions

1. What **helped** the Mental Health for All team **make sure** people **knew they could say no** to being in their study?

   - **How** can you **help make sure people know** they **can say no**?

2. What can **you do** to help people feel they **can trust** you when you are asking them to be in your research study?

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